

# **HABIT FORMATION FOR SPIRITUAL GROWTH**

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THE CHURCH OF PENTECOST YOUTH MINISTRY  
TRAINING MATERIAL

## **ANCHOR TEXT: COLOSSIANS 2:6-7**

**Therefore, as you received Christ Jesus the Lord, so walk in him, rooted and built up in him and established in the faith, just as you were taught, abounding in thanksgiving (ESV).**

# **OUR FOCUS: HELPING YOUNG PEOPLE TO FORM THE HABIT OF GROWING DEEP ROOTS IN CHRIST**

## **❖ RECEIVED CHRIST AS LORD**

- ✓ LORD: “Kurios” – Christ possess authority, power and control over all**
- ✓ Jesus is the Master who owns and controls our lives as Christians**
- ✓ The Christian life is a process of growing deeper in the knowledge of Jesus Christ.**

# **GROWING DEEP ROOTS IN CHRIST**

## ❖ **WALK IN CHRIST**

- ✓ **A walk of obedience to God**
- ✓ **A walk after the **Holy Spirit****
- ✓ **A walk worthy of the Lord Jesus**

## ❖ **ROOTED IN CHRIST: (Like a strong tree)**

- ✓ **Growth and Fruit-bearing**
- ✓ **Being grounded in love**
- ✓ **Rooted deep to overcome troubles, test and temptations in the world.**



# **GROWING DEEP ROOTS IN CHRIST**

- ❖ **BUILT UP IN CHRIST: (Like a building under construction)**
  - ✓ **Building their lives on Christ the solid Rock**
- ❖ **ESTABLISHED IN THE FAITH**
  - ✓ **Remain firm in Christ, without shifting from the hope of the Gospel**
  - ✓ **Become stable in Him, resolutely committed to Christ.**
- ❖ **OVERFLOWING WITH THANKSGIVING**
  - ✓ **Develop a heart of gratitude; appreciating God for their salvation and all spiritual blessings in Christ.**

# HABIT FORMATION

## HABIT

- ✓ **A regular or settled practice, especially one that is hard to give up**
- ✓ **Something you do often and regularly without thinking about it because you have done it so many times before.**

# CONSISTENT PERSONAL DEVOTIONS

## ❖ THE QUIET TIME

- ✓ **LIFE OF PRAYER:** Mark 1:35 In the morning, while it was still dark, Jesus got up, left the house and went away to a secluded place, and was praying there.
- ✓ **Worship, waiting and watching**
- ✓ **Seeking the face of God**
- ✓ **Building up faith**
- ✓ **Resting in the will of God**

# CONSISTENT PERSONAL DEVOTIONS CON'T

- ✓ **PERSONAL BIBLE STUDY:** Spending quality time daily in reading, studying, meditation and memorization of the Bible
- ✓ **PERIODIC FASTING:** Set time aside to regularly wait on God in fasting and praying
- ✓ **PERSONAL HIDEOUTS:** Making time to wait on God for refueling and refreshing.



# **☐ HELPING YOUNG PEOPLE TO DEVELOP DEEP FELLOWSHIP WITH THE HOLY SPIRIT**

- ✓ **Depend on the Holy Spirit daily for guidance and direction in life**
- ✓ **Rely on the Spirit to put to death the deeds of the sinful nature**
- ✓ **Open up to him for empowerment to live for Christ**
- ✓ **Conduct and regulate their lives by the Spirit**

# **☐ JESUS AS THE LOVE OF THEIR LIVES**

- ✓ Relate to Jesus as Lord**
- ✓ Walk daily with him as Friend**
- ✓ Fall in love with him all over again**
- ✓ Remaining in Christ in good and bad times**

# **LIVE CHRISTIAN LIFE AS SHARED COMMUNAL LIFE WITH FRIENDS**

- ✓ **Sharing their faith with friends**
- ✓ **Building genuine relationships with other dedicated believers**
- ✓ **Giving of their lives, gifts and talents in serving the local church**

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## **☐ SMALL GROUPS**

- ✓ **Praying together through Prayer Triplets**
- ✓ **Read and study the Bible together through Small Group Bible Reading/Study Clubs**
- ✓ **Share the Gospel through the Andrew Strategy:**



# **BIBLE READING CLUBS**

- ✓ **Reading the Bible together from time to time**
- ✓ **Summarizing the books read in a given period**
- ✓ **Youth Directorate shall host a standard Bible Reading Club on Pent TV and on social media.**
- **HELPING OUR YOUTH GROW DEEP ROOTS IN CHRIST**
- **DEVELOP DEEP FELLOWSHIP WITH THE HOLY SPIRIT**
- **THIRST FOR MORE OF GOD IN DAILY PERSONAL PRAYER AND WORD STUDY**
- **SHARE THE GOSPEL WITH FRIENDS**
- **PARTICIPATE IN SMALL PRAYER, BIBLE READING AND STUDY GROUPS**